



# Developmental levels of pencil hold



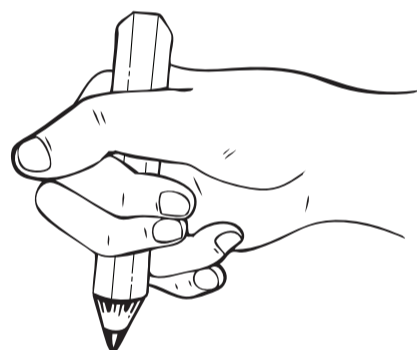
## 1 Whole-hand grasp: using a fist hand.

- Around 1–2 years.
- Use of upper body muscles.
- Movement comes mainly from the shoulder with the arm moving as a unit.



## 2 Beginning to use the fingers: no longer using whole-hand grasp.

- Around 2–3 years.
- Use of forearm.
- Movement is still quite stiff but there may be some wrist movement.



a

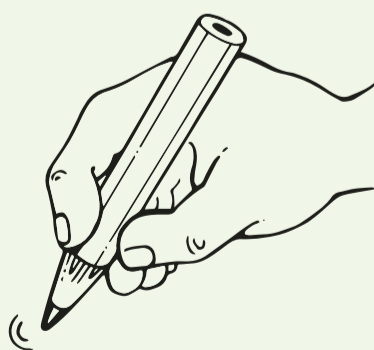


b

## 3 Holds pencil between thumb and two fingers: no longer using whole-hand grasp.

- Around 3–4 years.
- Both of these grips are the crude beginnings of the tripod grip. The hand tends to move as a unit, with limited wrist movement.

Children at this stage need more experiences that will strengthen their muscles (cutting, working with dough etc.) to increase readiness for a precision pen hold.



## 4 Moving towards the tripod grip.

- Around 4–6 years.
- Holds pencil near point between first two fingers and thumb and uses it with good control.
- Finger movements and wrist now in play.
- Moving to a comfortable and efficient tripod grip: a precise three-way or tripod use of thumb, index and middle fingers.